

# What is Plagiarism in Academic Writing and How to Avoid it: Guiding Novice Researchers

Fodouop Kouam Arthur William (Ph.D., corresponding author)

*willyfodouop@163.com*

*<https://orcid.org/0009-0009-3030-1094>*

*School of Management, Hebei University*

*ZIP Code 071000, Baoding City, Hebei Province, China*

*+86-185-136-757-41*

---

## Abstract

Plagiarism is a pressing issue in academic writing, especially for novice researchers who may unintentionally commit this ethical violation. This study delves into plagiarism and its common types and provides practical strategies and tips for avoiding it. By defining plagiarism, offering guidance on proper citation, and emphasizing the significance of ethical writing practices, this study aims to equip novice researchers with the tools to uphold academic integrity and contribute to advancing knowledge in their respective fields. The study's original contribution lies in its focus on providing concrete guidance for novice researchers on preventing plagiarism, filling a gap in existing literature on the topic. Future research avenues include exploring the role of mentorship and academic integrity programs in avoiding plagiarism and evaluating the effectiveness of plagiarism detection software in detecting and preventing unintentional plagiarism.

*Keywords: Academic writing; attribution; citation; ethical writing practices; novice researchers; plagiarism*

## 1. Introduction

Plagiarism is a significant issue in academic writing that has been the subject of much debate and concern among scholars and educators. Recent discussions highlight its prevalence and the need for preventive measures (Nandi, 2021). The perception of plagiarism varies across different contexts and countries, with some considering it a crime and others viewing it as a professional offense (Gregory & Leeman, 2021). Self-plagiarism, a related issue, has also been a topic of concern, focusing on its identification, types, norms, and remedies (Lin, 2020). In the digital age, with abundant information readily accessible online, the temptation to copy and paste without proper attribution has become increasingly prevalent.

Mehta and Mukherjee (2022) emphasize the importance of educating students and young researchers about plagiarism, its forms, and the severe consequences it can have. Usta and Koçak (2021) further categorize plagiarism into text and idea plagiarism, underscoring the need for awareness among authors and editors of scholarly journals. However, Coberly-Holt and Keech (2021) point out the need for more consensus on the definition of plagiarism, particularly in professional journals and academic circles. This lack of clarity is further complicated by the varying perceptions of plagiarism in different countries, as Gregory and Leeman (2021) noted. The problem of plagiarism in academic writing persists despite the availability of plagiarism detection tools and resources. Novice researchers, in particular, may not fully understand the nuances of proper citation and attribution, leading to unintentional plagiarism. Therefore, there is a need for comprehensive guidance on how to avoid plagiarism in academic writing, especially for those new to the research process. Previous research on plagiarism has primarily focused on defining and identifying instances of plagiarism and discussing the ethical implications and consequences. However, there needs to be more literature regarding practical guidance for novice researchers on avoiding plagiarism. This study seeks to fill this gap by providing concrete strategies and tips for preventing plagiarism in academic writing.

The main research question guiding this study is: **How can novice researchers effectively avoid plagiarism in their academic writing?** The research objectives include:

*To define and explain the concept of plagiarism in academic writing*

*To provide practical strategies and tips for novice researchers to avoid plagiarism*

This study is significant as it addresses a critical issue in academic writing and provides valuable guidance for novice researchers. By understanding the importance of proper citation and attribution, researchers can uphold the integrity of their work and contribute to advancing knowledge in their respective fields.

This paper is divided into several sections, starting with the definition of plagiarism and the common types of plagiarism. The subsequent section discusses strategies for avoiding it. Practical tips and examples are provided to help novice researchers navigate the complexities of proper citation and attribution. Finally, the paper summarizes the study's findings, limitations, and future research areas.

## **2. Plagiarism in academic writing: Definition and common types**

Plagiarism in academic writing is presenting someone else's work as one's own, which is considered a severe offense (Anderson, 2009; Juyal et al., 2015; Mohammed et al., 2015). It can include stealing ideas, methods, results, or words without proper attribution (Juyal et al., 2015). Plagiarism is often attributed to a lack of knowledge, time constraints, and pressure to publish (Mohammed et al., 2015). However, some writers may unintentionally plagiarize due to a lack of understanding of academic conventions (Pecorari, 2003).

Plagiarism is a serious ethical offense with varying definitions and consequences across countries and institutions (Gregory & Leeman, 2021). It can be an intentional or unintentional theft of ideas or text and is often driven by pressure for publication and a lack of training in scientific writing (Mehta & Mukherjee, 2022). Plagiarism detection and prevention are crucial, with software and manual checks recommended to maintain originality in scholarly publications (Zimba & Gasparyan, 2021). This unethical practice can take various forms, including direct plagiarism, self-plagiarism, paraphrasing without citation, patchwriting, and incorrect citation. Understanding these common types of plagiarism is essential for researchers to maintain academic integrity and credibility.

### **2.1. Direct plagiarism**

It occurs when a researcher copies and pastes text directly from a source without citation. It is the most blatant form of plagiarism and is easily detected by plagiarism detection software.

### **2.2. Self-plagiarism**

Also known as duplicate publication, self-plagiarism involves submitting the same work for publication in multiple outlets without proper citation. While it may not include using someone else's work, it violates ethical standards in academic writing.

### **2.3. Paraphrasing without citation**

Another form of plagiarism is paraphrasing someone else's work without giving proper credit. Changing a few words here and there does not make the work original and still requires citation.

### **2.4. Patchwriting**

Patchwriting involves copying someone else's work and slightly modifying it without proper citation. It can be tricky to detect plagiarism, as it may appear that the researcher has put the information in their own words.

### **2.5. Incorrect citation**

Improperly citing sources, such as citing a source that does not support the information presented or failing to format citations properly, can also be considered plagiarism.

Awareness of plagiarism in academic writing is crucial for researchers to avoid ethical violations and uphold scholarly writing standards. By recognizing the risks associated with plagiarism, researchers can take proactive measures to ensure proper attribution and integrity in their work. The following section will discuss strategies and tips for preventing plagiarism in academic writing.

## **3. Strategies and tips for preventing plagiarism**

Preventing plagiarism is essential in academic writing to maintain integrity and uphold ethical standards. A range of strategies have been proposed to avoid plagiarism in educational settings. McCord (2007) suggests designing research paper assignments emphasizing the subjective eye/I in the research process. Dey and Sobhan (2006) recommend comprehensive plans and strategies, including plagiarism in syllabuses and creating a separate plagiarism act. Fischer and Zigmond (2011) advocate for educating individuals on the definition of plagiarism and its consequences, providing checklists for writing tasks, and requiring the submission of an outline and first draft. Wiwanitkit (2012) emphasizes the importance of promoting academic honesty as a prevention strategy.

Furthermore, Hayati (2020) finds that students can avoid plagiarism by paraphrasing and quoting, understanding the concept of plagiarism, and following specific methods taught in class. Zimba and Gasparyan (2021) emphasized the importance of improving researcher awareness of plagiarism and suggested consulting related documents to upgrade author instructions. Mehta and Mukherjee (2022) highlight the need for a clear conceptualization of plagiarism, the use of detection software, and the consequences of this misconduct. Sorea and Repanovici (2020) propose project-based learning to counter the habit of copying and pasting from online sources.

Novice researchers can benefit from practical strategies and tips to avoid unintentional plagiarism. This section will outline critical approaches, including keeping accurate records, understanding citation styles, using quotation marks, effective paraphrasing, utilizing plagiarism detection software, seeking feedback, being cautious with online sources, avoiding self-plagiarism, developing original ideas, and thorough proofreading.

### 3.1. Keep accurate records

As scholars conduct research and gather information, they should keep detailed notes on their sources. Include all necessary citation information, such as author names, publication dates, and page numbers, to ensure they correctly attribute the information in their writing.

### 3.2. Understand proper citation styles

Scholars should familiarize themselves with the specific citation style required for their academic discipline, whether it is APA, MLA, Chicago, or another format. They should correctly format citations according to the guidelines to avoid accidental plagiarism.

### 3.3. Use quotation marks

When directly quoting a source, scholars should use quotation marks around the borrowed text and provide a proper citation. It allows readers to see that the words are not theirs and gives credit to the original author.

### 3.4. Paraphrase effectively

When paraphrasing information from a source, researchers should reword it in their own words while maintaining the original meaning. Properly cite the source to give credit to the original author.

### 3.5. Utilize plagiarism detection software

There are several online tools available to help researchers check their work for any instances of plagiarism. Some popular plagiarism detection software options include Turnitin, Grammarly, and Copyscape. These tools can help novice researchers identify unintentional plagiarism in their writing and make necessary corrections.

### 3.6. Seek feedback from peers or advisors

Before submitting their work, scholars should consider asking a peer or advisor to review it for potential plagiarism issues. A fresh set of eyes can help catch any unintentional plagiarism they may have missed.

### 3.7. Be cautious with online sources

Researchers should be extra vigilant in properly citing and referencing the information when using online sources. It can be easy to accidentally copy and paste text without attribution when working with digital sources, so they should take extra care to cite them correctly.

### 3.8. Be aware of self-plagiarism and develop ideas

Only submit the same work to multiple outlets with proper citation. Scholars planning to reuse their work should get permission from the original publisher and adequately cite the previous publication.

One of the best ways to avoid plagiarism is to develop their thoughts, arguments, and interpretations of the research literature. Scholars can reduce the likelihood of unintentional plagiarism by incorporating their unique perspectives.

### 3.9. Proofread and edit the paper

Before submitting their paper, researchers should thoroughly review it for plagiarism, such as missing citations or improperly paraphrased content. Editing and proofreading help catch any unintentional errors before it is too late.

Implementing these strategies and tips for preventing plagiarism can help novice researchers navigate the complexities of academic writing and uphold ethical standards. By following these guidelines, researchers can ensure that their work is properly attributed, original, and free from unintentional plagiarism. Continual practice and attention to detail in citing sources, paraphrasing effectively, and seeking feedback will contribute to a culture of academic integrity and scholarly excellence.

#### 4. Conclusion

This study delved into the concept of plagiarism in academic writing and provided practical strategies and tips for novice researchers to avoid unintentional plagiarism. By defining plagiarism and discussing common types of plagiarism, researchers can better understand the importance of proper citation and attribution in their work. The strategies outlined in this study, notably keeping accurate records, understanding citation styles, and utilizing plagiarism detection software, aim to help researchers uphold ethical writing practices and maintain academic integrity.

The contribution of this study lies in its focus on providing concrete guidance for novice researchers on navigating the complexities of academic writing and preventing plagiarism. By promoting ethical writing practices and emphasizing the significance of proper attribution, researchers can contribute to advancing knowledge in their respective fields. However, it is essential to acknowledge the limitations of this study, such as the need for further research on the effectiveness of the strategies outlined and the impact of education on preventing plagiarism.

Future research avenues include exploring the role of mentorship and academic integrity programs in teaching novice researchers how to avoid plagiarism and investigating the effectiveness of plagiarism detection software in detecting and preventing unintentional plagiarism.

#### Acknowledgment

The author is indebted to each person who supported the redaction of this work.

#### Funding

This research received no external funding.

#### Conflicts of Interest

The author declares no conflicts of interest.

#### References

- Anderson, I. (2009). Avoiding plagiarism in academic writing. *Nursing standard (Royal College of Nursing (Great Britain): 1987)*, 23 18, 35-7.
- Coberly-Holt, P.G., & Keech, K.N. (2021). The Changing Landscape of Plagiarism.
- Dey, S.K., & Sobhan, M.A. (2006). Impact of Unethical Practices of Plagiarism on Learning, Teaching and Research in Higher Education: Some Combating Strategies. *2006 7th International Conference on Information Technology Based Higher Education and Training*, 388-393.
- Fischer, B.A., & Zigmond, M.J. (2011). Educational approaches for discouraging plagiarism. *Urologic oncology*, 29 1, 100-3.
- Gregory, A.J., & Leeman, J. (2021). On the Perception of Plagiarism in Academia: Context and Intent.
- Hayati, S.N. (2020). Students' Strategy in Avoiding Plagiarism in Academic Writing Class.
- Juyal, D., Thawani, V., & Thaledi, S. (2015). Plagiarism: An Egregious Form of Misconduct. *North American Journal of Medical Sciences*, 7, 77 - 80.
- Lin, W.C. (2020). Self-plagiarism in academic journal articles: from the perspectives of international editors-in-chief in editorial and COPE case. *Scientometrics*, 123, 299 - 319.
- McCord, L. (2007). Preventing Plagiarism: Tips and Techniques. *Composition Studies*, 35, 122.
- Mehta, P., & Mukherjee, S. (2022). PLAGIARISM AND ITS REPERCUSSIONS: A PRIMER ON RESPONSIBLE SCIENTIFIC WRITING. *Central Asian Journal of Medical Hypotheses and Ethics*.
- Mohammed, R., Shaaban, O.M., Mahran, D.G., Attellawy, H.N., Makhlof, A., & Albasri, A.M. (2015). Plagiarism in medical scientific research. *Journal of Taibah University Medical Sciences*, 10, 6-11.
- Nandi, A. (2021). Plagiarism: An academic crime. *International Journal of Advance Research, Ideas and Innovations in Technology*, 7, 388-392.
- Pecorari, D. (2003). Good and Original: Plagiarism and Patchwriting in Academic Second-Language Writing. *Journal of Second Language Writing*, 12, 317-345.
- Sorea, D., & Repanovici, A. (2020). Project-based learning and its contribution to avoid plagiarism of university students. *Investigación Bibliotecológica: Archivonomía, Bibliotecología e Información*, 34, 155-178.
- Usta, U., & Koçak, Z. (2021). Authors and Editors of Scholarly Journals Should be Aware of Plagiarism and Its Consequences. *Balkan Medical Journal*, 38, 321 - 323.
- Wiwanitkit, V. (2012). Combating or preventing plagiarism. *Oral diseases*, 18 2, 213.
- Zimba, O., & Gasparyan, A.Y. (2021). Plagiarism detection and prevention: a primer for researchers. *Reumatologia*, 59, 132 - 137.