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Case Study: The Description Of Spiritual Quotient On Average Adult Womens Of Pneumonial Cancer

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Abstract

Pneumonial cancer places the first rank as death cause of cancer (1,37 millions of death). Cancer has impact not only to someone's physics but also psychology. In term of spiritual quotient playing role, in which an individual can place himself in the greater context in order to make life meaningful, by vesting positive value in himself. Thus, the individual will be able to awake his soul to act positively as well. This research is aimed at finding out the description of spiritual quotient and factors causing the spiritual quotient on average women the pneumonial cancer sufferers. This research used qualitative method in the form of case study. The subject of this research was a married averagewoman aged 45 years and suffering from pneumonial cancer of stadium III with 5-year suffer. The data collection on subject and significant done with structured and non-participant observation. The result of the research shows that the description of spiritual quotient on subject such as life meaning during pneumonialcancer suffering. Subject keep doing his life well and do the positive things. The result of the research also shows that subject thanks God because the people around them also give attention and support so that the subject keeps spirit in doing her life and have spirit to recover.

INTRODUCTION

Air pollution becomes quite serious problem in this era. By the abundance of pollution from vehicle, cigarette smoke or smokes of plants chimney cause great impact to the society and environment and certainly it can cause the various sickness, moreover related to pneumonia, one of them is pneumonia cancer. In Indonesia, the number of pneumonia cancer increases as many as 20% every year, this is followed by the number of smokers in Indonesia which is one of the causes of the existence of pneumonia cancer.

The pneumonia cancer not only has impact on physics but also influence to psychology. This research contained in International Journal of Cancer, revealed that pneumonia cancer has been revealed after being referred to psychiatric unit. According to a research, pneumonia cancer non-small cell is rarely diagnosed until stadium 2-4. This kind of cancer has metamorphosis or spread to brain. In this research, it is said that several symptoms of pneumonia cancer related to psychology, such as persisting cough, painful chest when coughing and laughing, short-winded, reddish expectorant, body weight, decreasing appetite, abnormal breast growth, mood swing, easy offence, and anger (Pramudiarja, 2013). General symptom such as headache, stiff, painful bone, easily fatigue, pain on the attacked organ, there is lost body weight, Breashers (2007).

Some people who suffer from pneumonia cancer do not easily run their own lives with such condition, moreover on average adult women, aged around 40-60 years. At that time, individuals have greater responsibility and there is attempt to continue meaningful from present generation to the next generation (Santrock, 2002). The average adult women will have change on themselves, both physical change and new roles they have. Individuals that can adapt themselves with the changes can be said to have achieved the balance, if there is no shake in themselves dealing with the change (Mappiare, 2001)

The average female women who suffer from pneumonia cancer certainly have a shake in themselves related to disease they have, in which an individual has greater responsibility but it is limited because of her physical condition. In this case, the spiritual quotient plays role, individual can place herself in greater context in order to make the life meaningful by vesting positive values in herself, thus an individual will be able to awake in order to act positively.

Spiritual quotient according to Zohar and Marshall (2001), as quotient to face and to solve the question of meaning and value, quotient to place behavior and life in the context of greater and rich of meanings, quotient to judge that someone's action and way of life more meaningful than the other's. Spiritual quotient is quotient that rests on someone that relates to wisdom out of ego and awareness. Spiritual quotient makes someone completely whole intellectually, emotionally and spiritually and able to help human heal develop human wholly. (Masthoni, 2013)

This research is at finding the description of spiritual quotient and factors causing spiritual quotient

on average women of pneumonia cancer sufferer.

RESEARCH METHODS

This research used qualitative approach in the form of case study. Case study used in the research is intrinsic case study which was done because of interest in specific case. The subject of this research was 1 person, with subject characteristics were adult women aged 40-60 years who have been suffering pneumonia cancer of stadium III-IV for 2 to 5 years. Collection data technique used non-participant observation, and interview used in this research was open interview.

RESULTS AND DISCUSSION

The description of Spiritual Quotient on subject

Based on the result of the research, it is found that spiritual quotient on subject is high. Subject feels that in spite of sickness, subject stays happy and feel grateful because of having family that love each other and has caring friends. Besides, subject believes that she is able to run her life even though she is in illness or trouble because the subject believes that God will not a try beyond their ability. The subject says that when she faces the times the subject gets closer to the God by having a lot of worship, prayer, fasting, Qur'an recitation and praying. Then subject reveals that she thanks God because she has family that love each other. The subject feels that there are some who lives under her and makes her grateful for what she has now. The result is compatible with the research made by Natti (2008), that reveals that individual that is spiritually smart has ability to recognize and make everything meaningful that happen to her life. Individual has humble and gratefulness as personal approach, has ability to control emotion, has ability to judge situation morally, and can act according to the rule. The subject is able to make everything meaningful that happen to her life and can act positively

Factors causing the spiritual quotient on Subject

Based on the research, it is found that factors that cause the spiritual quotient on subject derive from inner value, as mentioned by Agustian (2003) that openness, responsibility, fairness, trust, and social care are inner values that enable to arouse the spiritual quotient. The subject belongs to personality that has openness, responsibility, fairness, trust, and social care are inner values of individual that enable the spiritual quotient. Subject belongs to personality that has openness about herself, the subject does not feel inferior or darken her illness, even the subject tells about her physical condition to her close friend. Besides, the subject feel comfortable to accept the critics or input from other people as matter of self-introspection for the goodness sake, the subject will directly accept that, then responsible when the subject is

down, the subject thinks subject still has responsibility that should be take, such as responsibility for her husband and children, and responsible for being a resident. Then inner value further as fairness, the subject feels herself gets fairness even though she is ill, she is happy with her life today, both in financial case that meets for medication, children' school necessity and daily needs. The subject feels happy because oh having harmonious family and surrounded by the people who care about her. Inner value of trust, the subject believes that she is able to run her life well and able to do various activities. The last inner value is social care, in which the subject expresses that she will help other people that need help according to her abilities, both material and power.

The second factor that causes spiritual quotient is drive, As said by Agustian (2003), further cause derives from inner drive or outer of individual, where the individual has motivation or attempt to get happiness. In this case, the subject get support from family and the close people especially the subject's husband and her children. The role of a husband always plays and gives support that makes the subject not think of her illness, so that the subject keep running her life and having desire to recover. This is in line with the Zimet's research (1988) that said that social support of family, friend or the close people will help individual in running her life.

CONCLUSION

Based on the result of the research, it can be concluded that (1) the description of spiritual quotient on subject is high that subject has vision and principle in order to always do good and helpful for other people. Besides, the subject keeps believing in Allah that whatever happens is Allah's destiny and try to run her life well and keep thinking positively. The subject is also enthusiastic in doing various activities and the subject's leisure time can be filled with useful activities. In order to get recovery, the subject still takes medication. Not only that, even thoughthe subject is still ill, the subject still thanks good because of having harmonious family and love each other. The subject always gets closer to God. The subject has hope to be able to see her children's success, and the subject also has willingness to perform hajj. (2) factors that cause spiritual quotient on subject that is openness in which the subject can accept input and critics from other people for her goodness. Beside that, the subject does not keep her condition dark in front of her family and her friends. The subject also feels fairness, even though she is ill, the subject feels happy because of having harmonious family and the caring friends. The subject also feels having responsibility that should be done, both as a wife, mother and as a citizen. The subject also believes that she herself is able to run her life well and able to do various activities. The subject has good social care to fellow being creature, the subject does not reluctant gives information on medication and also help overcome other people's problem, both material and power. Support from family and friends makes the subject spirit in running her life, especially support

from husband and her children who always gives spirit and attention

SUGGESTION

For further researchers, it is suggested to make a research with other variables such as psychological well-being, subjective well-being, self-acceptance or religiosity that relate to positive psychological domain. It is also suggested to research average women with subject of man.

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