

## **A COMPARATIVE STUDY ON HAHNEMANN'S THEORY OF PSORA IN THE RECENT KNOWLEDGE OF HOMOEOPATHIC RESEARCH**

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### **Abstract**

Hahnemann's 'Theory of Chronic Disease' is a pioneer to the key of ideal cure of myriad chronic diseases. Hahnemann discovered that the non-venereal chronic sicknesses originate from a morbid condition or disposition to disease transferring from generation to generation for thousands of years. Therefore, any external treatment to get rid of the skin manifestation is harmful to the patient and may be avoided. Some eminent dermatologist's perspicacious observation reveals that suppression of some sorts of skin diseases end in virulent internal disorder. He named the morbid condition as Psora behaving because the fostering soil for pretty much all doable sickness. In keeping with Hahnemann Psora developed from suppression of itch sickness by external application in earlier period. Hahnemann thought of the peculiar body covering eruption was the outward manifestation of internal itch sickness, the Psora. It's once more even by another instance that underneath correct homoeopathic treatment of a chronic sickness having history of suppressed skin manifestation within the past, the recent eruption undoubtedly appear satisfying Dr. Hering's law of cure. So to bring cure to any sickness particularly chronic sickness, one ought to focus one's attention towards the patient [host] to search out the basic cause while not ignoring the sickness agents and therefore the environmental factors acting as exciting or maintaining cause. Health is that the results of the dynamic equilibrium among the sickness agent, human host and therefore the atmosphere. Human host possessing hereditary factors have Associate in nursing large role within the production of huge variety of diseases. Till and unless, Miasm [the basic explanation for all natural diseases] is completed away with by agency of antimiasmatic treatment, the permanent cure of chronic sickness isn't doable.

**Keywords:** Hahnemann's theory; Non-venereal chronic diseases; Psora; Miasm.

### **INTRODUCTION**

In the homoeopathic world "Miasm" has raised tons of contestation. Some stalwarts repute it as a mere fantasy of Hahnemann and realize no sensible worth of it in homoeopathic treatment. However others regard the speculation of chronic miasm because the key to the action of medical care in natural process chronic illness. With passage of your time the illness grew worse additionally to alternative additional serious symptoms till the organism is absolutely destroyed. Treating natural diseases throughout thirty years by the homoeopathic methodology of treatment, Hahnemann perceived, the chronic diseases couldn't be utterly cured by the easy similar medicines chosen on the current symptoms related to fare and sanitary measures and not even by vigorous, sturdy constitution. Once thorough analysis to seek out the cause behind the failure of

comparable remedies to cure the chronic diseases, Hahnemann noticed, though the drugs prescribed, might subside the chronic illness for the time-being, nonetheless the illness came back in a very rather varied kind with new symptoms. This crystal rectifier him to the conclusion that the presenting symptoms of a chronic illness represent just the tip of a floating ice-berg. Hence, the first illness being deep seated, the full history of chronic illness related to accent circumstances ought to be taken into thought. In spite of confirmation on his observation by a number of the physicians of his time, most of them did not settle for any relation continuous between skin diseases and alternative diseases. Hahnemann additionally discovered apparently, the origin of most of the non-venereal chronic diseases lying in a very peculiar form of exanthema, overtimes suppressed by a faulty observe. However, Hahnemann thought-about, the peculiar cuneal eruption typically solely of many vesicles in the course of intolerable voluptuous tickling cutaneous sensation was the outward manifestation of internal itch illness, the psora<sup>[1]</sup>.

The word Psora originates from Hebrew word ‘tsorat’ that means a groove or fault<sup>[2]</sup>. Because the human skin doesn't evolve itself, while not the co-operation of the remainder of the living whole, it's irrational and thoughtless to contemplate any skin illness disease of as just the disease of the skin alone during which the inner portion of the organism takes no half. With the progress of contemporary science, the disease of the skin totally studied in association with different diseases, establishing the actual fact that the skin diseases are to be closely relating to the opposite internal disorders. Hahnemann explained Psora as a pathologic condition or disposition to illness transferring from generation to generation for thousands of years behaving as a fostering soil for pretty much each attainable pathologic condition. Psora, like different general diseases manifest externally only, the total economy has been utterly affected. Therefore, any external treatment to get rid of the skin manifestation is prejudices to the patient and may be avoided<sup>[1]</sup>.

## **MATERIAL AND METHODS**

### **Controversy on Hahnemann's theory of chronic disease**

Guide of Hahnemann's eBook on persistent sickness in 1828 brings forth a violent stir in the entire medical global. Very few book in the records of drugs produced loads controversy some of the physicians. Even Barron Eruct George Brunnow to whom Hahnemann had dedicated his artwork, changed into against the view of Hahnemann regarding continual sicknesses<sup>[3]</sup>. Hufeland [contemporary to Hahnemann] quoted, “At ultimate the health practitioner discovers that there may be underlying, a hidden scabies or syphilis”<sup>[4]</sup>. In 1838, the treasured Congress of homoeopath in Frankfurt exceeded a decision condemning the doctrine<sup>[5]</sup>. But many homoeopaths recognized the concept of persistent diseases because the maximum vital discovery of Hahnemann.

Staph as an alternative favored the e-book on persistent diseases as for its sudden reasons on the nature and remedy of continual infection and emphasized to study the doctrine strictly<sup>[6]</sup>. Boenninghausen and Hering, the staunch supporter of ‘Psora concept’ took it granted heartily<sup>[6]</sup>. Von Grauvogl and others averred ‘the doctrine of Psora is irrevocable’<sup>[12]</sup>. But a vast range of homoeopathic physicians like Hering and Hughes are in opposition to Hahnemann's view concerning undue generalization in tracing all sicknesses to at least one number one sickness-process<sup>[5]</sup>.

**Opinion of contemporary researchers:** To keep tempo with the development of present day technological know-how numerous scientists carried on researches to unmask the mystery of ‘Psora’. Stuart near diagnosed psoric miasm and Koch’s tubercle bacilli were to be synonymous<sup>[8]</sup>. Mackenzie<sup>[13]</sup> has made a thrilling try and replacement ‘focal infection’ for Psora, implying thereby the identification of the psoric miasms with strepto-staphylo and different pyogenic micro-organism. At some stage in researches in the Immunity college at university college clinic, Dr. Edward Bach located that ‘chronic intestinal organism decrease wellknown resistance, consequently local bacterial infections are almost sure to arise’ [14]. This in the end makes someone liable to various illnesses. He concluded that poisoning from sure organisms in the intestinal tract become the purpose of chronic sicknesses and that on the removal of theses pollution the so-referred to as persistent lawsuits disappear.

In 1926 Bach published his e book ‘chronic disease—A working speculation’, written in collaboration with Dr. C.E.Wheeler of London, who had assisted him in his researches at London Homoeopathic clinic. Dr. Paterson<sup>[15]</sup> of Glasgow, the well-known bacteriologist and homoeopath performed a research painting on bowel vegetation within the equal line of Dr. Bach and confirmed that the non-lactose fermenting organisms of the bowel are related to disease on the one hand, to the homoeopathic treatments on the other. Hence in his opinion, Psora and intestinal toxæmia had been same. Dr. Wheeler and Dr. Dishington additionally supported to Dr. Bach<sup>[14]</sup>. He declared, “In the remedy of persistent disease, its miles near impossible to get successful effects without a full knowledge of Hahnemannian doctrine of miasms.” K. C. Chandran tried to analyze the concept of Miasms and persistent sickness within the light of clinical information of molecular biology<sup>[16]</sup>. His careful studies revealed the equal reality as Dr. Bach located i.e. the patient’s clinical situation and susceptibility depend upon the exchange of his bowel vegetation.

### **Reflection of emotion upon the skin**

Urticarial can be an outlet for suppressed anger approximately unjust life situations. Rosacea may be a signal of the man or woman’s feeling of inferiority and guilt on the subject of handling problems bobbing up at work. The skin is the visible reflector of emotion and mental ailment being just like a sensitive photographic plate on which emotional states inclusive of anger by means of flushing, embarrassment through blushing and fears through paleness and so on are reflected. In atopic dermatitis, feeling of anger or guilt can be launched through scratching. Obermayer on the basis of few medical clues concludes that emotional troubles are playing an essential role inside the genesis of any dermatitis. Relief of emotional pressure arrests further hair loss and within several months re-growth can also arise. For example, pruritus is regularly applied as a tension outlet. In hand dermatitis [dyshidrosis], vesiculation often follows anxiety scenario inside 24-28 hours. Psychiatric investigation of the more commonplace dermatologic condition through Wittkower and Russel also coincides with Obermayer’s view.

Powerful treatment can be received simplest by way of psychotherapy. Emotional problems early in existence result in ‘alopecia areata’ of severe shape in which the scalp, beard and frame hairs are involved. A 2-week time c programming language is outwardly required for the development of alopecia areata following documentable trauma; this statement has been made in over 300 consecutive cases of alopecia areata, 20 of that have been stated in element. In case emotional

trouble persisting the disease progresses to alopecia totalis [entire head] or to alopecia universalism [entire body]. “In a 26 year antique man alopecia areata advanced four instances throughout international conflict-II. The hair loss came about every time within weeks after he had participated in an island invasion inside the south pacific.

### **Dermatosis due to internal diseases**

Hahnemann concluded that Psora being manifested by and large as sickness, any skin manifestation have to no longer be considered with the pores and skin simplest. Numerous kinds of pores and skin illnesses are discussed, although the aetiology of maximum of them remains difficult to understand. Genetic predisposition or morbid susceptibility for skin diseases performs an important function in its development like acne vulgaris, atopic dermatitis, psoriasis alopecia, vitiligo and lots of other conditions. This truth is centered within the light of contemporary technological know-how. In fact, skin as a replicate of fitness of someone, reflecting numerous internal disorders upon it.

The skin is tormented by malnutrition, whether or not because of insufficiency, excessive needs, dietetic imbalance or mal absorption. It is also stricken by endocrine and metabolic disturbances, including disordered sports of the pituitary, thyroid and Para-thyroids, pancreas, suprarenal and gonads. The manifestation of equal sort of pores and skin sickness may additionally fluctuate according to age and diathetic dispositions. A number of genetic and developmental abnormalities have each neurological and cutaneous manifestation most possibly due to the common beginning of the apprehensive gadget and the epidermis from the ectoderm. Pruritus can also occur in liver sicknesses, without or with jaundice, particularly in biliary cirrhosis. Chronic renal disease with uremia can also motive trendy pruritus and a light brown diffuse pigmentation of the pores and skin.

Diabetes mellitus can be associated with contamination encompass boils, carbuncles, ulcers, gangrene, tinea of the toes and the groin and infectious eczematous dermatitis. Bronchial asthma may also trade with assaults of Urticarial or may also co-exist with it. Therefore contemporary medical science unveils Hahnemann’s idea that no outside utility however internal medication basically requires to cure pores and skin manifestation because of inner diseases.

### **Adverse effects of suppression of skin disease by external application**

He discovered additionally that it's far specifically in middle existence that alternations between eczematous lesions on the skin and visceral manifestations of greater or much less gravity [pulmonary, renal, intestinal, cardiac, cerebral etc.] are maximum possibly to show themselves. The fast disappearance of an eczematous eruption in a young baby can be observed by way of pulmonary congestions of the maximum dangerous kind (Atopic march).

He stated that the irritation of the pores and skin may additionally, as talked about via Kaposi, set up reflex infection inside the intestine, preventing the proper digestion of meals. The irregularities of the bowels react in turn on the pores and skin, and for this reason a vicious cycle is set up. The most not unusual intestinal difficulty of skin sicknesses is dyspepsia. Gout is also a

frequent worry. A too rapid cure of eczema in kids or its spontaneous disappearance may additionally produce grave metastasis like bronchitis, dysenteric enteritis or pulmonary congestion, every so often observed by using dyes.

It is located by way of the physicians that there's a courting among eczema and allergies. According to BBC information, scientists trust that they have got discovered what triggers many kids with eczema to move directly to expand bronchial asthma.

The same substance, thymic stromal lymphopoietin [TSLP] is also produced within the lungs of bronchial asthma sufferers. Early treatment of the pores and skin rash and blocking TSLP manufacturing might forestall asthma developing in younger sufferers with eczema, they hope. Medical experts have lengthily been mystified by way such a lot of eczema sufferers additionally expand allergies and allergies – what they name the atopic march. The crew on the Washington College of drugs showed that a substance made via the damaged pores and skin triggered allergies signs in mice. Its miles expected that greater than six million Australians have suffered from eczema at some stage of their lives and more than 90% developed this circumstance before their fifth birthday. Studies show that 50-60% of youngsters with intense eczema pass directly to broaden childhood asthma. It has proven that a substance secreted with the aid of damaged and damaged pores and skin (as a result of the itchy eczema) movements via the body and might cause asthmatic signs.

Hahnemann's concept is again justified via any other example that underneath right homoeopathic remedy of a continual sickness having history of suppressed skin manifestation within the beyond, the vintage eruption definitely reappear pleasurable Herring's law of therapy. The distinguished homoeopathic physicians mentioned their very own instances in their books. If we go through the case statistics from the respective books, we will see that in a huge quantity of instances, the Hering's law of therapy can be tested. Eczema and allergies are intently associated via the motive that both may additionally have comparable pathogenic mechanism underlying their manifestations. This prevalence comes to be every day phenomenon discovered in any homoeopathic sanatorium, sanatorium or health center.

The analysis changed into 'cancrum oris'. Sulphonamide ointment becomes implemented on the affected parts. For short references some interesting instances are shown right here in a nut shell. Dr. P. Sankaran mentioned a case in his e-book 'The Pathology in Homoeopathy'. A 3 year-old boy had an ulcer on his lips. After four years the boy changed into taken to Dr. Sankaran. Doctor prescribed a selected homoeopathic medicinal drug and the boy recovered. Intellectual hassle was long past however the vintage ulcer of the lips reappeared. Ulcer disappeared in no time, but left a black patch at the lips. After multiple months the black spot also vanished. Some days after this incident, intellectual abnormality became perceived in the behavior of the boy.

Beyond history revealed that at the age of three he suffered from eczema of thick, whitish scabs, difficult, almost sexy, protecting the complete scalp. Carrol Dunham, inside the eBook, 'technology of Therapeutics', recorded a case of deafness resulting from suppressed Psora. Dunham dealt with a seventeen year antique younger man for his hearing problem which started out while he was four years of age.

Nash stated a thrilling case in his book ‘Leaders in Homoeopathic Therapeutics’. Dr. Nash handled a girl laid low with Gastritis. She became skeleton-like. Nash discovered after plenty questioning that approximately fifteen years ago’ she had eczema at the nape and occiput. Dr. Nash noted some other case. He treated a case of very intense gastralgia resulting from suppression of eczema on the arms.

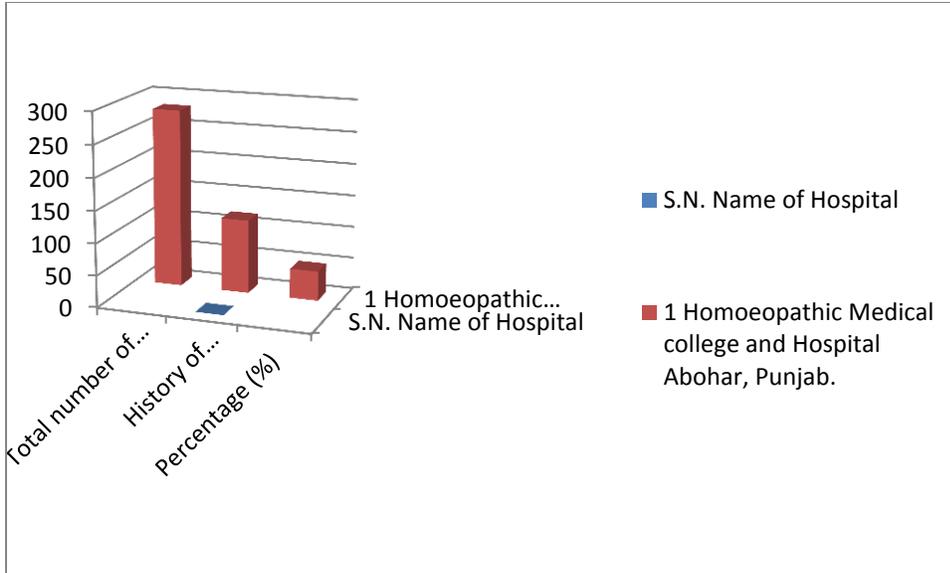
## RESULT AND DISCUSSION

The affected person’s condition changed into remarkably advanced. However 3 months later there has been severe aggravation of the antique pores and skin condition. Dr. S. P. Dey of Calcutta referred to a case in his book, ‘scientific Case reports on Constitutional Prescribing’. He treated a student elderly 19 years, stricken by Rheumatoid Arthritis. He had pores and skin ailment in early life. The eruption becomes suppressed by nearby application of ointments. Thinking about the totality of the signs of the case, Dr. Dey prescribed Medorrhinum 1 M.

Total range of instances recorded in 12 months became 280. Out of them, records of suppression of skin sickness of 116 patients turned into found. amongst 280 total cases 76 patients had been of asthma of which 65 patients had a history of suppressed pores and skin disorder (specifically eczema); 60 sufferers have been of Gastritis of which 24 patients gave history of suppression of skin disease (mainly scabies); 28 instances were of Kidney disorder of which 11 folks had suppressed skin ailments (both psoriasis or eczema); 89 instances exhibited Rheumatoid Arthritis of which 17 patients found out as past suppression of psoriasis;31 instances were of cardio Vascular sickness of which handiest 5 were found of suppression of skin sickness (Tables 1 and Table 2). To my own hobby, after I were residence doctor of D. N. De Homoeopathic scientific college Kolkata I had long gone thru the antique case document books of indoor departments thereof. It became interestingly found that a truthful quantity of patients suffering from chronic sicknesses gave the history of suppression of skin ailment within the past.

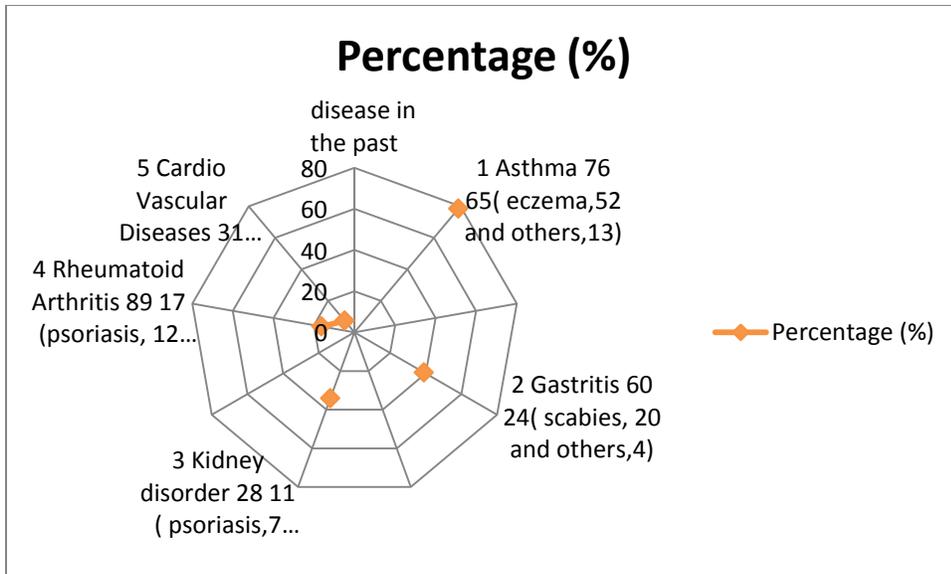
**Table 1:** Percentage of cases, in one year revealed history of suppressed skin disease in respect to total number of cases treated in the past

S.N.	Name of Hospital	Total number of cases in one year	History of suppression of skin disease in the past	Percentage (%)
1.	Homoeopathic Medical college and Hospital Abohar, Punjab.	280	116	46.4



**Table 2:** Influenced by suppression of skin disease in the past Percentage of different type of diseases

S.N.	Type of diseases	Total number of cases	History of suppression of skin disease in the past	Percentage (%)
1.	Asthma	76	65( eczema,52 and others,13)	78.46
2.	Gastritis	60	24( scabies, 20 and others,4)	39
3.	Kidney disorder	28	11 ( psoriasis,7 and eczema,4)	34.21
4.	Rheumatoid Arthritis	89	17 (psoriasis, 12 and other 5)	16.33
5.	Cardio Vascular Diseases	31	5 (eruption, allergic)	7.36



## CONCLUSION

The modern day conception about the causation of disorder well-known shows absolutely that ailment is because of the impact of ‘more than one elements’ those are at once or circuitously associated with the agent, host and surroundings, viz., biological, nutrient, chemical, physical, mechanical, psycho-social, cultural, hereditary factors and so forth. Hahnemann considered Psora as an ailment or disposition to disorder transmitted from generation to generation for lots of years. Fitness is the result of the dynamic equilibrium many of the sickness agent, human host and the environment.

Clearly in case of epidemic or endemic illnesses, we discover a variable susceptibility inside the human population final the identical chance factors to viral, bacterial or parasitic infections. Refuting the former perception of hereditary factors in playing a role within the causation of best of some chronic sicknesses, it is established that they have got a massive function inside the production of huge variety of diseases. Researches on twins [both identical and non-identical] suggest that heredity is partially liable for numerous kinds of insanity, for cancer and for different human disorders.

Diabetes mellitus, obesity, gout, essential hypertension, peptic ulcer, cancer, neuroses, psychoses, mental retardation, many infectious diseases which include acute rheumatic fever and tuberculosis are few examples where hereditary predisposition plays an important component. consequently to deliver treatment to any ailment especially continual disease, one need to cognizance one’s attention toward the patient [host] to discover the fundamental motive without ignoring the disease retailers and the environmental factors acting as interesting or retaining reasons. Maximum tumor biologists accept as true with that there are a couple of mechanisms that have an effect on the boom and unfold of cells converted to the neoplastic country and that maximum of them are, in a vast sense, genetically inspired.

In treatment of continual illnesses, to obtain achievement by way of homoeopathic technique, there's need of proper 'Anti Miasmatic' treatment. Hahnemann opines that the fundamental reason of all natural diseases is the Miasm. Till and until, Miasm is performed away with with the aid of dint of Anti Miasmatic treatment, the everlasting treatment of chronic sickness is a much cry. According to Hahnemann's 'Psora concept', Psora is the mom of almost all chronic illnesses. What Hahnemann emphasized in his Psora concept that the severe complication would possibly develop from suppression of pores and skin sickness is no longer denied via cutting-edge science. Hahnemann's theory of Psora turned into very simple because it changed into based on realistic observations. Hahnemann standing at the basement of his electricity of his ideal statement and foresight, perceived the close connection lying between skin and relaxation of the body. It's now not the simplest efficacy of Psora theory, but it serves as a pioneer to the important thing of best treatment of innumerable non venereal persistent diseases. Consequently in a number of the stages of remedy of any type of chronic ailment, it's miles essential to bring Psora underneath control.

Over hasty repetition of anti-psoric remedies is to be prevented as a great deal because the employment of too big doses. Dr. J. H. Allen, the author of 'The persistent Miasms Psora and Pseudo-Psora', concluded, "we can't choose the most similar treatment feasible until we recognize the phenomenon of the appearing and primary Miasms; for the real comparable is always primarily based upon the simple miasm, whether we be aware or unconscious of the fact." Anti Psoric treatments are decided on in line with the overall standards of homoeopathy. It's far administered one dose at a time, the impact of which mainly allowed passing away completely before being repeated.

Therefore Hahnemann's 'principle of persistent disease' need to be perceived and it ought to be applied in practical area in order that a doctor may gain his project i.e. "to repair the ill to health to treatment."

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